



WELCOME TO THE EUROPEAN REGISTER FOR FITNESS PROFESSIONALS

Raising Industry Standards.





WHAT IS EREPS?

The European Register for Exercise Professionals (EREPS) belongs to, and is managed and administered by EuropeActive.

It is a voluntary register for fitness professionals wishing to have their professional credentials externally endorsed and validated by an internationally recognised authoritative and credible standard-setting body.

It operates based on European standards and guidelines, aiming to ensure high-quality services and professionalism within the sport, fitness and physical activity sector.

EREPS IS THE LEADING INDEPENDENT PROFESSIONAL REGISTER FOR FITNESS PROFESSIONALS IN EUROPE.

EREPS accepts professionals across a variety of specialties, assessing their applications to verify their adherence to industry standards, ethical practices, and continual professional development. Registered professionals are included in the EREPS directory, providing visibility and credibility for employers, and confidence and assurance to the general public.

EREPS acts as a reference point for professional recognition across Europe, supporting workforce mobility and consistency in standards.



MEMBERSHIP GROWTH AND GLOBAL REACH

This year, EREPS welcomed **16,700 members**, comprising **12,700 professionals** from Europe and an additional **4,000 international members** spanning **93 countries**.

This expansion reflects EREPS' commitment to maintaining high professional standards in fitness and exercise, while also catering to an increasingly global community.

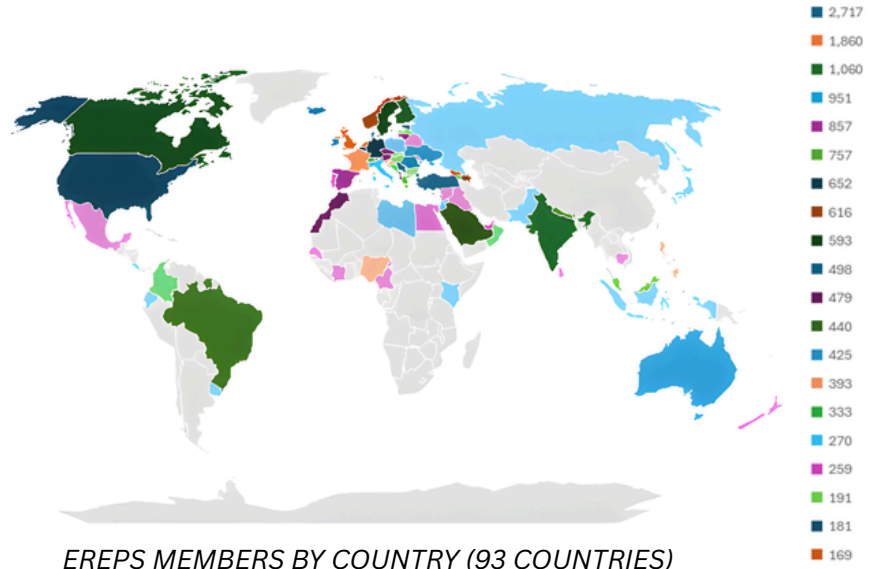
2025 IN NUMBERS

93 COUNTRIES REPRESENTED

16,700 MEMBERS WORLDWIDE

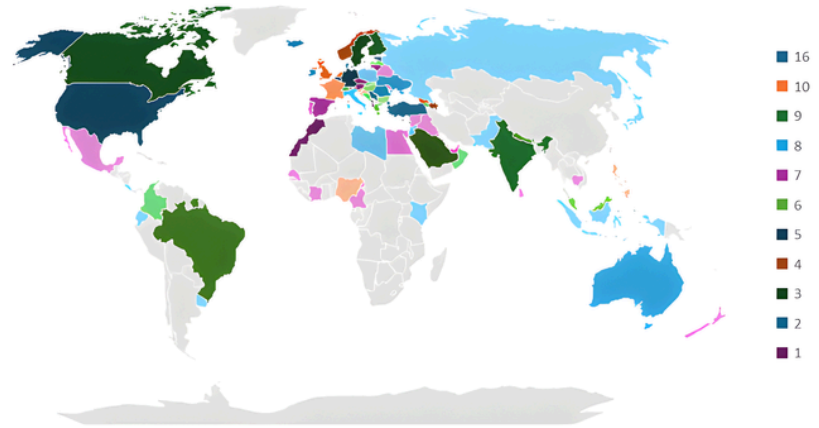
12,700 IN EUROPE

4,000 INTERNATIONAL



EREPS MEMBERS BY COUNTRY (93 COUNTRIES)

ACCREDITED TRAINING PROVIDERS



ACCREDITED PROVIDERS BY COUNTRY (46 COUNTRIES)

Quality education remains at the heart of EREPS' mission. By the end of 2025, the organisation collaborated with **155 Accredited Training Providers** across **46 countries**, including satellite providers.

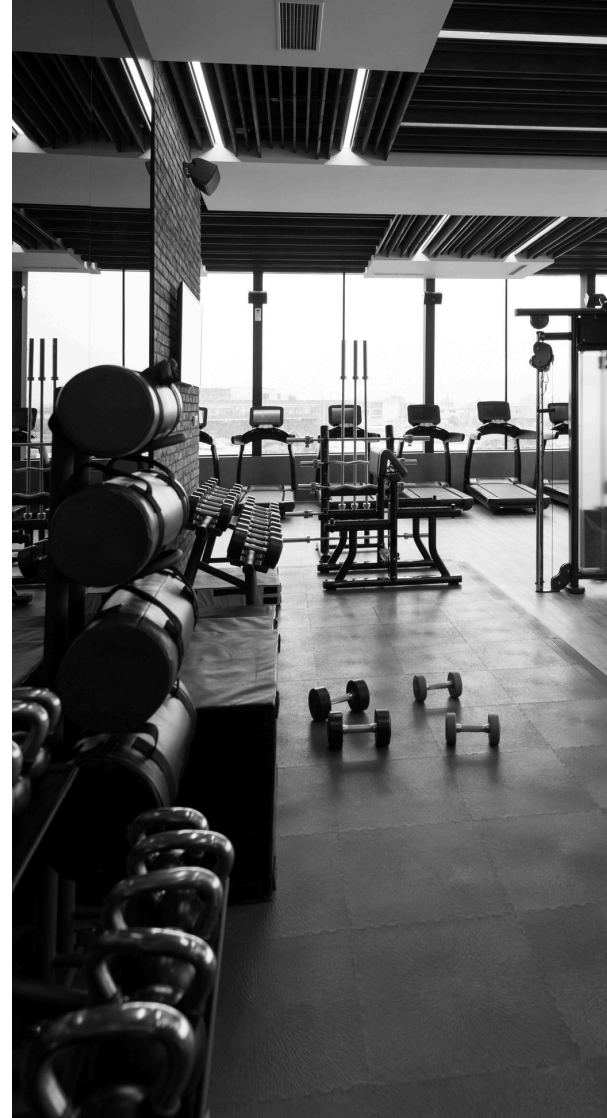
Through rigorous accreditation and re-accreditation processes, EREPS ensures continuous quality assurance and strengthens the central role of Training Providers in delivering EREPS-aligned qualifications.

155 ACCREDITED TRAINING PROVIDERS
46 COUNTRIES REPRESENTED

WHAT DOES EREPS DELIVER?

- INTERNATIONAL RECOGNITION OF QUALIFICATIONS
- INCREASED EMPLOYABILITY ACROSS EUROPE
- TRUST AND REASSURANCE FOR EMPLOYERS AND CLIENTS
- A STRUCTURED FRAMEWORK FOR PROFESSIONAL STANDARDS

RECOGNITION. TRUST. OPPORTUNITY.



WHY DOES IT EXIST?

Apart from a very few exceptions, across our footprint, the fitness industry is unregulated (by governments), relying on the industry to “self-regulate”. This means responsible employers and professionals will seek to employ and/or obtain industry-recognised certifications. These vary, are multiple in number and confusing to employers and the public, who struggle to differentiate one qualification from another in terms of quality, suitability and safety. This is especially the case within Europe when people travel and seek work between different countries and jurisdictions.

EREPS and **EuropeActive** are the guardians of internationally recognised standards, are mapped to the European Qualification Framework (EQF), and create conformity and consistency wherever they are accredited and available.

This removes inconsistency, provides understanding and assurance, and straightforward employability for relevant roles such as Personal Trainer, Fitness Instructor, Strength and Conditioning Coach and Health and Lifestyle Coach.



THE JOURNEY

HOW DOES EREPS WORK?

- Fitness professionals apply by submitting their qualifications, CV, and supporting documentation.
- Applications are reviewed against EuropeActive standards to ensure alignment with the European Qualifications Framework (EQF) and industry requirements.
- Once approved, professionals are included in the public EREPS register and must maintain their status through ongoing professional development (CPD).
- It is renewed annually.



WHY DOES INDEPENDENCE MATTER?

An independent register is crucial for trust and transparency. It is important to demonstrate no conflicts of interest with its own purpose and activities, or vested interests in other third party organisations which may directly benefit from a relationship with EREPS.

It was developed and operates against a series of recognised principles for maintaining an independent register. ¹

¹ see Appendix 1

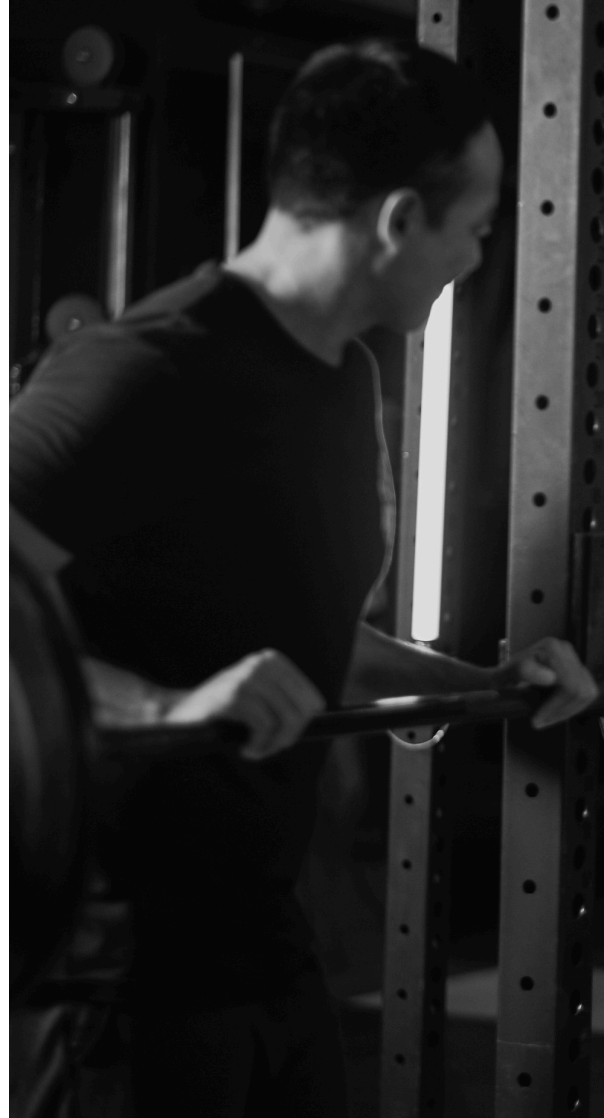
FITNESS PROFESSIONALS

Similar to other professions (eg healthcare), having professional registration adds credibility, shows commitment to staying current and up to date through the continuous professional development, plus the highest standards of behaviour via adherence to the Code of Conduct. And all this highly visible via a searchable public directory.

EMPLOYERS

Ease of recruitment via a quick verification of the potential employee's current professional status in the directory for the role they are recruiting.

WHO BENEFITS?





GENERAL PUBLIC

Knowing their safety and welfare is in good hands, and – as clients – they will receive a high quality service which meets their needs and goals. And, where it does not, they will be heard and their complaints acted upon in a fair and transparent manner, with consistent and appropriate action taken.

OTHER PROFESSIONAL STAKEHOLDERS

Confidence and assurance this profession has minimum standards, CPD for currency, is able to model and manage behaviours of individuals, and acts as a quasi-licence to practice, all recognisable and similar to their own, for comparability and comfort.



The future success of EREPS relies on all stakeholders to buy-in to the position and need for professional registration, and seek out, recruit and deploy registered professionals.

Professionalisation of the fitness industry is still a work in progress, never more so than now, when the general public is relentlessly beguiled by fitness influencers online. EuropeActive is committed to the cause and principles of the register: if the industry is also serious about being respected, credible and taken seriously by allied sectors such as healthcare, then it must also support the unifying vehicle for that goal and stand in partnership with EuropeActive and support EREPS.

WHAT IS THE FUTURE OF EREPS?

KEY DEVELOPMENTS IN 2025

Membership Growth

2025 was another strong year for EREPS, with total membership rising by **3,700 professionals** since December 2024, representing a **28% increase** year-on-year. While growth varied slightly between countries, both European and international membership continued to expand, demonstrating the resilience and appeal of the EREPS model worldwide.

Graduate Registrations on the Rise

Graduate registrations continued to grow steadily, with **2,413 more professionals** registering through EREPS-accredited Training Providers compared to 2024, a **24% increase**. This reflects the strength of the Training Provider network and the ongoing demand for EREPS aligned qualifications, which remain highly relevant to employers and the evolving needs of the fitness sector.

Engaging Through Social Media

In 2025, EREPS strengthened its online presence with a series of targeted campaigns. These included educational posts, the Personal Trainer Story campaign, and interactive content, all designed to **engage members, share knowledge, and support professional development** across the community.

APPENDIX 1

WHAT ARE THE PRINCIPLES AND FUNCTIONS OF AN EFFECTIVE REGISTER?

An effective register should operate under the following principles:

Principle 1.

It is voluntary not mandatory (the most effective self-regulation within any sector, is where there is buy-in from the ground upwards).

Principle 2.

Safety. The organisation operating the register demonstrates it is committed to protecting the public and promoting public confidence in the occupation it registers.

Principle 3.

Risk. A thorough understanding of risks to public and service users; is vigilant in monitoring, reviewing and acting upon risks associated with registrant practice.

Principle 4.

Resources. It demonstrates it has sufficient resources to enable it to fulfil its functions including education, registration, complaints and the ability to strike off (remove) non-compliant registrants.

Principle 5.

Knowledge. It demonstrates there is a defined knowledge base underpinning the occupations it covers – and makes this explicit to the public. It is clear on the rules and processes.

Principle 6.

Governance and purpose is directed to protecting the public and promote public confidence; it is clear about purpose, is independent and fair; exercises control effectively; behaves with integrity; is open, accountable and socially responsible; seeks view and experiences from users which inform key decisions about its functions and these are fair transparent effective and proportionate, respected and trusted.

Principle 7.

Setting standards of personal behaviour, technical competence, business practice; requires indemnity insurance; requires registrant to produce good communications and information about services.

Principle 8.

Education and training. Sets appropriate educational standards, takes account of similar standards set by other bodies; facilitates European mobility for practitioners; only approves or accepts those who demonstrate at the standard, which has been independently verified, or where Recognition of Prior Experience is requested, that this undergoes an objective assessment of equivalence.

Principle 9.

The register is accurate, easily accessible, only allows entry for those who meet its standards; requires registrant to keep up to date; recognises decisions on professional conduct made by others when deciding if they should be admitted, retained or ejected and is clear on the rules and processes.

Principle 10.

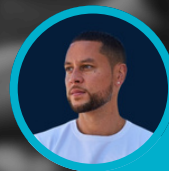
Complaints. It has a clear complaints process about registrants and itself; encourages early resolution; provides good advice and support; focuses on protecting service users (public); reports concerns to other agencies when needed to protect the public.



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JOIN A RECOGNISED AND TRUSTED PROFESSIONAL COMMUNITY.

**WANT TO KNOW MORE?
SCAN TO VISIT OUR
EREPS WEBSITE**



For Training Provider Organisations:

Are you interested in joining our global network of excellence? Learn more about the accreditation process and how to align your programmes with our standards at www.europeactive-standards.eu

For Individual Personal Trainers:

Ready to stand out in the industry? Discover the benefits of becoming EREPS certified and join a register of world-class professionals at www.ereps.eu