

SUMMARY OF PROCEDURES	
WEARING A MASK	EMPLOYEES: MANDATORY, with the exception of teachers when giving group classes.
	CUSTOMERS: Use of a mask at the entrance and exit, in the circulation of the social areas of the Clubs facilities. No need for physical exercise.
	Post procedures for correct mask use
REGISTRATION OF ENTRIES AND EXITS (Name; TELEPHONE CONTACT; club entry and departure date and time)	Privileging online and / or telephone appointments. Control inputs and outputs.
	EMPLOYEES
	CUSTOMERS
DISTANCES	SOCIAL 2 m (Reception, WC, bar, circulation areas, ...).
	Physical Activity 3 m (Group Classes, Fitness Room, ...).
	Markings to guarantee distances (ex: on the ground mark 3x3 meters squares with the center marked).
SABA (Alcohol-Based Antiseptic Solution)	Reception
	Entrances and exits of Studios.
	Entrances and exits of Fitness Room.
	Entrances and exits of Swimming Pools.
	Entrances and exits of Looker Room.
	Entrances and exits of Social Areas.
EQUIPMENT	SIDE TO SIDE disposal
	POROUS SURFACES:
	COVER WITH CLING FILM
	1) Before opening
	2) When damaged
Take of in the end of the day, after closing.	
	Cleaning after each use, including equipments with cling film.
GROUP CLASSES	20' break between classes in the same studios.
	Cleaning rooms and equipments after each classes.
	Can't share portable equipments or others
SWIMMING POOL	Reinforcement of the cleaning water circuit
	Hand hygiene before entering the swimming area: Mandatory
	Wear swimming goggles inside the pool and surrounding area.
	Clean used equipments.
AVAC	Aeration with natural or mechanical ventilation systems (6 changes / hour).
	Periodical cleaning and disinfection (including filters and water containers).
LOOKER ROOMS	2m distance between lockers.
	No showers allowed.
GENERAL	Cleaning hand when entering or exiting every room.